

1. Medical information

- a. Refer to cdc.gov
- b. Talk to doctor experienced with over seas travel and receive recommended vaccinations.
- c. Receiving Yellow fever vaccination is required.
- d. Malaria medication is required.
- e. Be sure that you have medical insurance that covers you while you are in Africa. Make sure that there is a medial evacuation clause in your medical insurance documents.

2. Finances

CRWRC is willing to pay for the bulk of your in-country expenses as you incur them. Then we will itemize and charge each person for their expenses. I may ask one person in the group to help me keep track of this. Once we have all the totals we (CRWRC) will charge Partners World Wide and you can send the amount that you owe to Partners. This will prevent you from having to travel with very much cash.

We do ask that you take enough money to purchase any personal items such as souvenirs or other things that would not easily get a receipt for. **Please do not bring Travelers Checks.** Though it's quite a process you can get up to \$500 off or you Visa credit card (not MasterCard or other credit cards). If you have a Visa Card with a pin number you could use the ATM machine to withdraw up to \$1000 (I'm told, never tried). Also a Debit Card with a "Plus" or Visa symbol on it will also get you lesser amounts of money from the ATM.

We will also divide out some of my costs and partner costs among the visitors. These will include fuel for the vehicle and accommodation and food costs when I (and partner staff) am away from home.

3. Passport and Visa information

- a. Visitor's visas can be obtained at the port of entry. When (if) flying into Malawi you will not need to purchase a Malawi Visa. However there is a \$25 Visa fee (paid in \$) to get into Zambia. Also there is a \$30 departure fee from Lusaka Airport. I will also ask that you be sure to bring enough \$US to cover these charges.
- b. Are passport pictures needed at any time? NO
- c. General passport protocol..... Answer the questions literally. Give as little detail as possible, be courteous even when they are not.

4. Additional things to know

- a. Electricity format.....220 volts is standard with a British style three rectangle prong outlet.

- b. Computer/Email access is available at various places around the country but you may not always be able to connect depending on where you are staying. If traveling in Eastern Province you should be able to go several days without E-mail or internet contact.
- c. Telephone calls... Increasingly it is possible to receive and send telephone calls on your North American cell phone. (This depends on the network you subscribe to). The big cell phone names in Zambia are Celtel and MTN.

5. Be sure not to forget to take your:

- a. Durable foot ware that can handle a bit of mud. (Even within town it could get muddy).
- b. Umbrella is recommended or a rain jacket
- c. One jacket and one or two warmer shirts should be sufficient to keep you warm. In January we can have both very hot and humid weather and quite cool and damp and rainy weather. Temperatures could get up to 100 degrees and as low as 60 but generally it's close to an average of 75 degrees.
- d. Bug spray
- e. Sun screen
- f. Bible
- g. Camera and Journal

6. Weather

Temp: Most of the year it averages 25degrees Celsius. June/July can get 10 degrees cooler while Oct/Nov can get 10 degrees warmer.

Rain: The rainy season is from the middle of November to April 1. The rest of the year it does not rain. During the rainy season most of the time it rains for an hour or two then the sun comes out again.

7. Additional Information

More information will be given by the hosting person/organization when the group will be arriving.

Contact Information

While we may have a computer available at times for typing e-mail, we ask that you try and arrange your business so that it can be run without you for the duration of your time here. Below you will find our e-mail and phone numbers if there is need to be able to contact you while you are here.

E-mail: bootsma@zamnet.zm

Land Line: 260 - 6 – 221-776 (country code – Area code – Number)

Cell: 260 – 097 – 744 – 255 (country – cell code – number)

I'm pretty sure you will need to put (011) in front of the above number as an international dialing code. To find out for sure contact your local telephone company.

INFORMATION FOR VISITORS COMING TO ZAMBIA THROUGH MALAWI

* first stop after getting off bus that brings you from the airplane is a desk where they check your passport to see where you are coming from. Some countries of origin have to show WHO cards to show proper vaccination. Usually those from the States aren't stopped.

* next, collect an Entry card to fill out for immigration.

* last residential address is your home address

* address traveling to is either your overnight destination in Lilongwe or indicate that you are in transit to Chipata, Zambia

* reason for entry is "visit"

* present the Entry card and your passport at immigration. They'll ask length of stay -- ask for one month visitors visa. They'll stamp it in your passport and you pass by the desk to the luggage claim area. (It's a very small airport -- you can't get lost!)

* wait for your bags at the conveyor. Should your bags not arrive, there is a desk there for making lost luggage claim. Fill out the form.

* assuming you get your luggage (which we all hope will be the case!) proceed to customs. When they ask what you are carrying, just say personal effects needed for your trip. They may ask to see in one of your bags. They'll take a cursory look and wave you on. You've nothing to declare.

* go to the end of the customs area and turn right. You MAY be met by a policeman in plain clothes who'll ask again to see your passport. I have no idea why they do this, but show them your passport and wait patiently for him to complete his inspection.

* proceed ahead through open double doorway, turn right to end of short passageway, then left through a phalanx of taxi drivers all wanting your business. Watch for your host in the crowd to collect you. If, for some reason, they don't make it to the airport and after waiting for some time and you need accommodation for the night, a taxi driver will gladly give you lift to the Korea Garden Lodge. If he doesn't know where it is, tell him it's in Area 3, Tsirinana Ave. near to the High Courts Compound and the Anglican church. The charge for the ride should be about Malawi kwacha 2,500 (about \$20).

* You might want to change money at the airport at the bureau de change' -- it's usually a pretty good exchange rate.